

## 2023 ANNUAL GATHERING SEPTEMBER 26-28, 2023 (CENTRAL TIME ZONE)

### Day 1 September 26, 2023: Meeting Room Cedar II

- 8:00-9:30 CT Overview & Opening Circle
- 9:30-9:45 CT Break
- 9:45-9:50 CT Mindful Movement with Jessica Micheletti
- 9:50-12:00 CT **The Science of Emotional Connection - Dr. Lola Gershfeld**  
(break included) *Dr. Gershfeld is an organizational psychologist and developer of the Emotional Connection process or EmC that has helped hundreds of people develop positive and thriving team cultures that support sustainable growth. Dr. Gershfeld loves her work and wants everyone to know how to tune into emotions, not just to achieve their goals but to shape their relationship to thrive. She offers great skills for living life, leading life and facilitating groups. Her work with us provides a timely opportunity to deepen our knowledge about the power of human connection.*
- 12-1:00 CT Lunch Break
- 1-3:00 CT **The Science of Emotional Connection - Dr. Lola Gershfeld**  
(break & Mindful Movement included)
- 3:00-4:00 CT Closing Circle

### Day 2 September 27, 2023: Meeting Room Cedar II

- 8:00-8:30 CT Overview and Check-in
- 8:30-9:55 CT **Evaluating and Communicating Value of Relationship-Based Care Programs – Tina Martin, Mary Koloroutis**
- 9:55-10:00 CT Mindful Movement with Jessica Micheletti
- 10:00-10:30 CT Break
- 10:30-12:00 CT **Program Focused Reflection Circles (LEO, RSC, See Me)**  
Breakout Rooms: Conference Rooms:
- 12:00-1:00 CT Lunch Break
- 1:00-1:30 CT **Program Focused Reflection Circles Report Out**
- 1:30-3:30 CT **Belonging, Diversity, Equity, and Inclusion – Mourine Evans**  
(break & Mindful Movement included)
- 3:30-4:00 CT Closing Circle

**Day 3 September 28, 2023: Meeting Room Cedar II**

- 8:00-8:30 CT Overview and Check-in
- 8:30-10:30 CT **Focused Stories & Conversations Around Best Practices (RSC, See Me, LEO)**  
(break & Mindful Movement included)
- 10:30-12:00 CT **Small Group Facilitator Reflection (breakout groups)**
- 12:00-1:00 CT Lunch Break
- 1:00-2:30 CT **Dialogue on Courage with Marie Manthey**
- 2:30-2:45 CT Break
- 2:45-3:30 CT Closing Circle