

## 2021 ANNUAL GATHERING OCTOBER 21-22, 2021 (CENTRAL TIME ZONE)

### October 21, 2021

10:00-11:00 CT Welcome, Agreements & Check-in

11:00-12:30 CT **Introduction to The Science of Emotional Connection: Dr. Lola Gershfeld**

*Dr. Gershfeld is an organizational psychologist and developer of the Emotional Connection process or EmC that has helped hundreds of people develop positive and thriving team cultures that support sustainable growth. Dr. Gershfeld loves her work and wants everyone to know how to tune into emotions, not just to achieve their goals but to shape their relationship to thrive. She offers great skills for living life, leading life and facilitating groups. Her work with us provides a timely opportunity to deepen our knowledge about the power of human connection.*

To purchase Dr. Gershfeld's book, Emotional Connection: The EmC Strategy: How Leaders Can Unlock the Human Potential, Build Resilient Teams, and Nurture Thriving Cultures, please visit:  
[https://www.amazon.com/Emotional-Connection-EmC-Strategy-Potential-dp-1637420269/dp/1637420269/ref=mt\\_other?\\_encoding=UTF8&me=&qid=](https://www.amazon.com/Emotional-Connection-EmC-Strategy-Potential-dp-1637420269/dp/1637420269/ref=mt_other?_encoding=UTF8&me=&qid=)

12:30-1:30 CT Lunch Break

1:30-3:30 CT **Facilitator Reflection (2-3 breakout sessions based upon topics chosen by participants)**

3:30-4:00 CT **Closing Circle**

### October 22, 2021

10:00-11:00 CT Welcome, Agreements & Check-in

11:00-12:30 CT **Trauma Informed Facilitation: Dr. Michele Pole & Mary Koloroutis**

*Dr. Pole is a licensed psychologist in the state of PA with 20 years of experience treating a wide range of mental health issues and specialization in the treatment of trauma disorders and addiction disorders. She has completed training for evidence-based treatments including ACT, DBT, CBT. Additionally, she completed specialized training in Mindfulness-based Stress Reduction, Mindfulness-Based Relapse Prevention, EMDR, Cognitive Processing Therapy for PTSD and Prolonged Exposure Therapy for PTSD. Dr. Pole has presented nationally and internationally on addiction and trauma. In addition, she has been interviewed by numerous news outlets on various topics including addiction, trauma/PTSD, shame and the #metoo movement.*

12:30-1:30 CT Lunch Break

1:30-3:00 CT **Facilitator Reflection (2-3 breakout sessions based upon topics chosen by participants)**

3:00-4:00 CT **Closing Circle: Salon with Marie Manthey**

10 Nursing Continuing Professional Development (NCPD) contact hours for this program will be provided. Other professionals, please verify with state licensing and specialty boards that NCPD contact hours can be used to meet continuing education requirements for your profession. Creative Health Care Management is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.