

# 2021 SUMMIT TO BUILD COMPASSION, EMPATHY & LOVE THROUGH RELATIONSHIP-BASED CARE OCTOBER 19-20, 2021 (PACIFIC TIME ZONE)

## October 19, 2021

- 7:15-7:45 PT Breakfast served
- 8-9:00 PT **Opening Ceremony**  
A powerful opening ceremony with special guests that connects us to our heart space and opens us to two days of experiential learning, connecting, and growing.
- 9-9:15 PT Break
- 9:15-11:30 PT **Steve March, Embodied Presence of Self-Care**  
Experience and explore how the source of self-care is available in every moment, no matter how hectic and stressful life may seem. Steve March, creator of Aletheia Coaching, specializes in helping coaches, leaders, and teams uncover and leverage their innate resourcefulness and creativity to more effectively navigate the complexities of life. Learn simple micro-practices for unconcealing the magic of Presence, the immediate source of deep self-care.
- 11:30-12:00 PT **Mindful Movement Moment**
- 12-1:00 PT Lunch Break
- 1-4:00 PT **Dr. Jann Murray-Garcia, Cultural Humility: The Beauty of Human Caring**  
Dr. Murray-Garcia is the co-founder of Cultural Humility, an internationally recognized approach to equitable and culturally respectful patient care. Her unique way of lifting cultural awareness gets to the root cause of suffering and encourages a broader, more inclusive view of the world. Learn principles to guide your thinking, behavior, and actions to influence interpersonal relationships as well as systems change.  
(30-minute break)
- 4:00-4:30 PT Closing

## October 20, 2021

- 7:15-7:45 PT Breakfast served
- 7:45-8:00 PT Travel to Breakout Sessions
- 8-9:30 PT
  - **Breakout #1: Patient Care Services "LIVE" Huddle Experience:** Engage with UC-Davis leadership and front-line staff to observe RBC connection, teamwork, communication, and problem-solving in real time through the daily Huddle. This is a huddle you've never seen or experienced before. It's a unique opportunity to see the principles of RBC in practice and action. Special Note: Participants in the huddle must sign a waiver and be prepared to walk and walk fast! No heels please. Toby Marsh is a fast walker, mover and shaker! You will walk side by side with leaders during this experience. Probably use the elevator, but don't rule out the stairs. It's a quick, fast-paced, active 90 minutes! Join us and hang on, that's how we roll at UC-Davis!

### (Breakout #2 on next page)

Nursing Continuing Professional Development (NCPD) contact hours for this program will be provided. The final number of contact hours is pending. Other professionals, please verify with state licensing and specialty boards that NCPD contact hours can be used to meet continuing education requirements for your profession. Creative Health Care Management is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

- **Breakout #2: Caring for Colleagues in Real Time: Explore the Support U Peer Responder Program**  
This dynamic and interactive discussion will include UCD "Support U" Peer Responder Program lead Michelle Linenberger, Peer Responders, and others. These leaders will describe the Support U program and how RBC principles are woven throughout and support the lived RBC experience at UC-Davis. This is an exemplary program that cares for colleagues in real-time in partnership with the other systems in place for sentinel events and employee wellbeing.

9:30-10:00 PT Break

10:00-11:30 PT **Toby Marsh & UC Davis Team Panel**

Step into the future of Relationship-Based Care! Join UC Davis Medical Center's CNO, Toby Marsh, along with UCD team members for an interactive conversation exploring the realities of Relationship-Based Care (RBC). From bright spots to wobbles, this panel will share how RBC unfolds, is continually evolving, and how all layers of leaders, from frontline to the CNO, have a role to play in making RBC successful and sustainable. The panel will discuss the way in which Relationship-Based Care provided a foundation for caring for self, colleagues, patients and their loved ones during the pandemic with high staff engagement and extraordinary team support.

11:30-12:00 PT **Mindful Movement Moment**

12:00-1:00 PT Lunch Break (Farmers' Market)

1-4:00 PT **Kevin John Fong, Standing at the Gates of Hope**

(30-minute break)  
Grounded in Native Hawaiian traditions, Kevin John Fong will share his thoughts, stories, frameworks, and practices to assist you in holding hope in the midst of crisis, finding joy within the stress and tension, and maintaining balance in our lives.

4:00-4:30 PT Closing