



A Message from Gen Guanci, MEd, RN-BC, CCRN-K

Welcome to a new year! A new year gives us a new chapter to create. Each of us gets 52 weeks, 365 days, 8,760 hours, 525,600 minutes, 31,536,000 seconds to craft this chapter. Throughout my life I have always made it a practice to reflect on the departing or finished chapter, and plan for the coming one.

So many people are saying how bad 2020 was, and I am not negating that it was. Yet what if, instead of focusing on the negatives of 2020, we all reflect on the positives we received in 2020? Here is what 2020 gave me...

- I got space and time to reflect, to learn, to grow, to indulge in my life passions.
- I was able to connect, and even reconnect, with family and friends in ways I had not in the past.
- I was able to keep working and was as busy as ever!
- I was able to cut back on work travel and found more time.
- I was able to use this found time to focus on conducting creative virtual consultant support.
- I got to use this time to develop new support options for organizations on the journey to excellence. (See Solution Spotlight)
- I found time to read for pleasure, not just for work.
- I developed a new appreciation for those who were socially isolated before this pandemic.
- I got to use my nursing knowledge as a volunteer as the COVID vaccines rolled out.
- I got to add Logan, a 1-year-old Brittany stray, to my crew.
- I was able to laugh at the antics of this new addition.
- I found I can get anything I need online.
- I found out I really miss hugs and am excited to receive my 1st hug when this is all over.

While I know we still have a long road ahead of us, let's believe we can begin to put the negatives of 2020 behind us!

Enjoy!

Gen Guanci

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