



SUMMIT TO BUILD COMPASSION, EMPATHY & LOVE 2019 COMBINED ANNUAL GATHERING

Dear Attendees:

It is our pleasure to welcome you and confirm your registration for our Combined Annual Gathering called a ***Summit to Build Compassion, Empathy and Love***. You are joining a growing number of people who are enthusiastically integrating Relationship-Based Care throughout their organizations. This year we are thrilled to co-host this event on the West Coast in conjunction with the University of California Davis Health System in Sacramento, CA. Their integration of RSC, LEO and See Me as a Person practices has been a model of best practice and sustainability. They have much to share with us, and we will have much to share with each other, too!

Our intention for these three days is that you will strengthen your connection with your work and your resilience. Expect fun, learning, reflection, space, centering, networking, best practices, creativity, innovation and the sweet experience of like-hearted people enjoying each other in new ways. We are so glad you are coming.

Opportunities to weave in added fun and self-care in the Sacramento area: Sacramento is near wine country (Napa, Sonoma), an hour from Lake Tahoe, and within driving distance of the Redwood Forests. Come earlier or stay later to take advantage of the culture and beauty of this area!

FOR FACILITATORS of RSC, SEE ME AS A PERSON, and LEO, and RBC LEADS

This year we are continuing to integrate more of our licensed workshop facilitators into the Combined Annual Gatherings. This year joining our facilitators of *Re-Igniting the Spirit of Caring* and *See Me as a Person* will be facilitators of *Leading an Empowered Organization (LEO)* and Relationship-Based Care program leads.

PLEASE NOTE: Licensed *Re-Igniting the Spirit of Caring (RSC)* and *See Me as a Person* facilitators are required to attend annual gatherings every two years to ensure that they remain current and are able to participate in the evolution of the programs they facilitate. For facilitators of *Re-Igniting the Spirit of Caring* or *See Me as a Person*, attendance at all three days of the Annual Gathering are necessary to fulfill your recertification and license requirements.

FOR ALL

Like last year, DAY 1 has been designed as a summit conference which is also open to health care workers in the area. It will be the foundation for DAYS 2 & 3 of the Combined Annual Gathering.

Continuing nursing education (CNE) contact hours for this program will be provided. The total number of contact hours is pending approval.

Creative Health Care Management is accredited as a provider of continuing nursing education by the American Nurses' Credentialing Center's Commission on Accreditation.



800.728.7766 CHCM.com 6200 Baker Road, Suite 200 Minneapolis, MN 55346

Other professionals, please verify with state licensing and specialty certification boards that CNE contact hours from this activity can be used to meet CE requirements for your profession.

PROGRAM DETAILS

The 3-day program will be held:

CONFERENCE DAY	DATE	TIME	LOCATION
DAY 1	October 28, 2019	8:00 am – 4:30 pm	The Betty Irene Moore School of Nursing UC Davis Betty Irene Moore Hall, 2570 48th St., Sacramento, CA 95817
DAY 2	October 29, 2019	8:00 am – 4:30 pm	MIND Institute 2825 50th Street Sacramento, CA 95817 https://www.google.com/maps/place/UC+Davis+MIND+Institute/@38.5496315,-121.446233,17z/data=!4m5!3m4!1s0x809ad077cb90b3e5:0xc206070dfc211030!8m2!3d38.5497429!4d-121.4461541
DAY 3	October 30, 2019	8:00 am – 4:30 pm	MIND Institute 2825 50th Street Sacramento, CA 95817 https://www.google.com/maps/place/UC+Davis+MIND+Institute/@38.5496315,-121.446233,17z/data=!4m5!3m4!1s0x809ad077cb90b3e5:0xc206070dfc211030!8m2!3d38.5497429!4d-121.4461541

Please plan to arrive the evening of October 27, 2019. Your departure flight should be booked after 7:00 pm on the last day, October 30, 2019.

HOTEL ACCOMMODATIONS

CHCM will have a limited number of rooms available at the Marriott Courtyard Sacramento Midtown for \$189/night under the "Creative Health Care Management Room Block". These rooms will be available for first come, first served. Should you choose to stay at another Sacramento hotel, there are many to choose from downtown. Staying near the State House is an excellent location and near plenty of restaurants and activities. All arrangements for room, food and conveniences are strictly between the participant and the hotel. CHCM, Inc. will not be responsible for any costs generated by these arrangements. The hotel property is next to University of California Davis Medical Center and the School of Nursing (Day 1) and the Mind Institute (Days 2 & 3).

GETTING TO THE HOTEL

Here is the link to the directions for the hotel, which is one block from the Gathering:

<https://www.marriott.com/hotels/travel/saccy-courtyard-sacramento-midtown/> It is located at: *Marriott Courtyard Sacramento Midtown*, 4422 Y St., Sacramento, CA 95817. Phone: (916)455-6800.

Regrettably, there is no hotel shuttle to/from the SMF airport. The airport link below will inform you about ground transportation options.



800.728.7766 CHCM.com 6200 Baker Road, Suite 200 Minneapolis, MN 55346

FLIGHTS

For air travel, you'll want to fly into the Sacramento International Airport (SMF) in Sacramento, CA. <https://www.sacramento-airport.com/> The conference is about 13 miles from the airport.

DRESS CODE

Casual, comfortable attire is encouraged. You may want a sweater or light jacket as the conference room may get chilly.

CONTACT

Please contact Kary Gillenwaters at 952-252-1136 or kgillenwaters@chcm.com for questions about the program. Contact Cathy Perrizo at 952-252-1148 or cperrizo@chcm.com for questions about registration.

We look forward to seeing you!

Sincerely,

The Creative Health Care Management Combined Annual Gathering Planning Team

