



CREATIVE
HEALTH CARE
MANAGEMENT

Dear Project Leaders and Team Members,

We are pleased you are joining us for the five day intensive practicum for **Relationship Based Care (RBC) Leaders** on December 6-10, 2010 at the Hilton Garden Inn/ Champaign, IL. We believe it will be a significant and rewarding step in the successful leadership of RBC within your organization.

ACCOMMODATIONS

I recommend participants who need accommodations register at the Hilton Garden Inn, this is the conference location. Creative Health Care Management has a negotiated rate until 11/4/2010.

Hilton Garden Inn Champaign

1501 S. Neil Street, Champaign, Illinois, 61820
Tel: +1-217-352-9970 Fax: +1-217-355-4682

You can also book online and get directions to the Hilton Garden Inn at: www.stayhgi.com

Amenities include:

- Fridge, Microwave and Coffeemaker in Every Room
- Complimentary High-Speed Internet
- Complimentary 24-hour Business Center
- 24-Hour Pavilion Pantry stocked with Snacks, Drinks
- Fitness Center



Another option for hotel accommodations is the Hawthorn Suites, which is next to the Hilton Garden Inn. Hawthorn Suites Champaign: 101 Trade Centre Drive, Champaign IL 61820 Phone: 217.398.3400

DIRECTIONS

- Interstate 74 East take the Neil Street South Exit follow 2.2 miles, hotel is on the right.
- Interstate 74 West take the Neil Street South Exit follow 2.2 miles, hotel is on the right.
- Interstate 57 South take the University Avenue Exit follow to Neil Street turn right go 1.2 miles, hotel is on the right.
- Interstate 57 North take the Monticello Road Exit follow to Route 45/Neil Street turn left go 4.6 miles, hotel is on the left.
- Interstate 72 East follow directly into Champaign, it becomes University Avenue follow to Neil Street turn right go 1.2 miles, hotel is on right.

The Hilton Garden Inn is located 4 miles from the airport.

FLIGHTS

For air travel, you'll want to fly into Champaign, Illinois, Airport: Champaign Willard University Airport Airline (Airport Code: CMI). Champaign, IL is located right by Urbana (they are twin cities). There are very few direct flights into Champaign, so most transfer through Chicago, St. Louis, or Detroit.

Another option would be to fly into Indianapolis and then rent a car to drive to Urbana; approximately 120 miles from Indianapolis.

GETTING TO THE HOTEL

I recommend calling the Hilton Garden Inn prior to arrival at the airport or Amtrack for arranging your shuttle service or you can call upon arrival by using the courtesy phone. When calling the Hilton Garden Inn to arrange for transportation please indicate pick up location. The shuttle is available from 7 a.m. to 11 p.m. (Hawthorn Suites also offers 24 hour shuttle service and has a courtesy phone.)

Rental cars can be obtained at the airport also. I do suggest renting a car to have in Champaign/Urbana.



PREPARATION MATERIALS

This is a highly interactive practicum, so expect some group assignments/homework during the evening hours to deepen your understanding in some areas and to provide time to do group preparation for presentations/facilitation.

Recommended readings before the program are:

- *Relationship-Based Care: A Model for Transforming Practice*, Mary Koloroutis ed.
- *Primary Nursing*, Marie Manthey
- *Appreciative Inquiry: A Positive Revolution in Change*, David Cooperrider and Diana Whitney
- *Calling the Circle: The First and Future Culture*, Christina Baldwin
- *IE²: Leading Lasting Change*, Jayne Felgen
- *I'm Here: Compassionate Communication in Patient Care*, Marcus Engel

These can be ordered by calling 1-800-728-7766 or online at www.chcm.com

CLASS SCHEDULE

Classes will be held every day at the Hilton Garden Inn starting on December 6th. You will be able to get the conference room location at the front desk.

| Date | Time |
|-------------------|-------------------|
| December 6, 2010 | 9:00 am - 4:30 pm |
| December 7, 2010 | 8:30 am- 4:30 pm |
| December 8, 2010 | 8:30 am- 4:30 pm |
| December 9, 2010 | 8:30 am- 4:30 pm |
| December 10, 2010 | 8:30 am- 12:30 pm |

Also included in your tuition is:

Monday-Thursday - Lunch and late afternoon snack provided

Friday – Box Lunch provided

RESTAURANTS IN THE AREA

- **Buttita's** -- 101 S. Neil, Champaign 217-355-8656
- **El Toro** – 2 locations; Neil street and 1104 N. Cunningham, Urbana 344-7855
- **Miko's** – 407 W. University, Urbana 367-0822
- **Farren's Pub and Eatery** – 308 N. Randolph, Champaign 359-6977
- **Jim Gould's** – Main & Neil Sts., Champaign 531-1177
- **Kennedy's at Stone Creek** –2560 South Stone Creek Blvd. Urbana 217-3848111
- **Great Impasta** – 114 W. Church St., Champaign 359-7377

- **Bombay Indian Cuisine** – 302 S. 1st St., Champaign 351-8877
- **Biaggi's** – 2235 S. Neil, Champaign 356-4300
- **Silvercreek** – 402 N. Race, Urbana 328-3402
- **Kamakura Japanese Restaurant** – 715 S. Neil., Champaign 351-9898
- **Radio Maria** – 119 N. Walnut, Champaign 217-398-7729
- **Milo's** – 2870 S Philo Road , Urbana 344-8946
- **Minneeci's** – 401 S. 1st Street, Champaign 352-4425
- **Siam Terrace** – 212 W. Main St., Urbana 367-8424

PLACES OF INTEREST IN THE AREA

- Market Place Mall – 2000 N. Neil
Jill's, Ann Taylor, Coldwater Creek
Macy's, JCPenny's, Bergner's
- Japan House – 2000 S. Lincoln, Urbana 244-9934
- University of Illinois Campus, walking, shops, places to eat, Cold Stone Ice cream
- 10,000 Villages – 105 N. Walnut, Champaign 352-8200
- Jarling's Custard Cup – within easy walking distance of Hawthorne Suites
delicious frozen custards- 309 W. Kirby Ave., Champaign 352-2273 (closed
Nov. ---Mar.)

PARKS IN THE AREA

- Hessel Park – right across from Jarling's Custard Cup on Kirby Ave.
- Meadow Brook Park, Urbana – South to Windsor, go east (left) approx 1 mile
It is on the right, very beautiful.

Casual, comfortable attire is encouraged. You may want to bring a sweater as the conference room may get chilly. Come prepared to learn and have fun!
If you have any questions, don't hesitate to contact me.

Respectfully,
Amy Monroe
Program Coordinator
Direct Phone: 952.252.1145
Toll Free: 800.728.7766